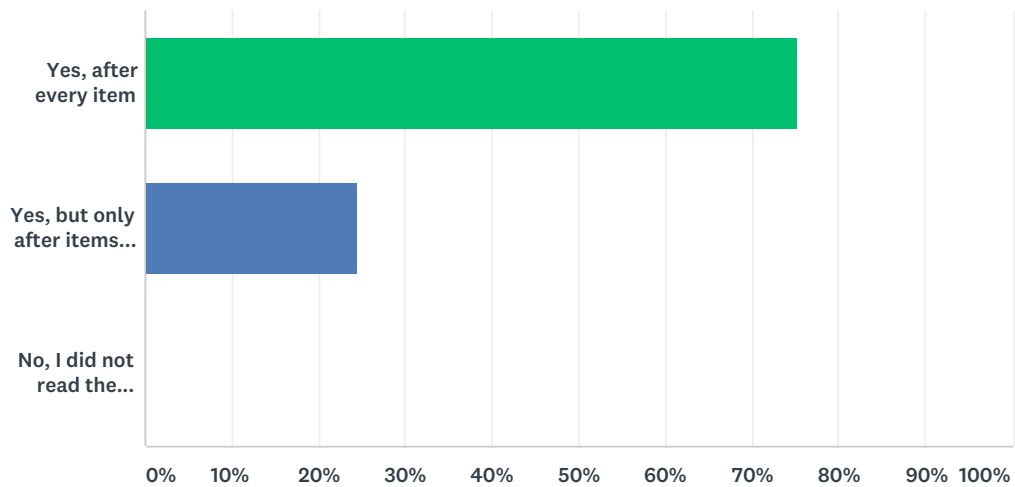


Q3 Did you read the rationales?

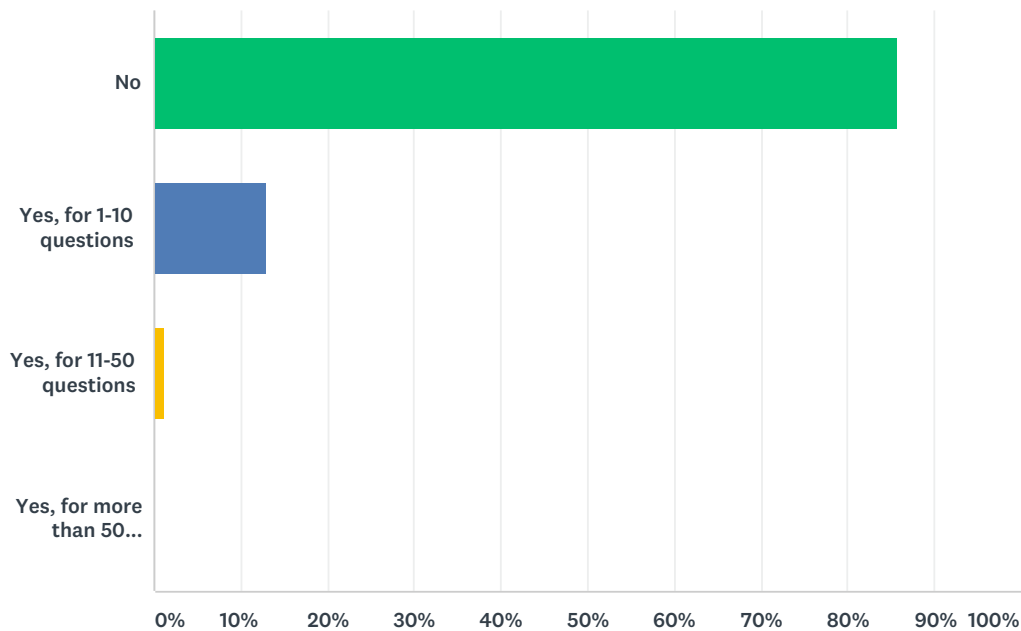
Answered: 477 Skipped: 4



ANSWER CHOICES	RESPONSES	
Yes, after every item	75.26%	359
Yes, but only after items answered incorrectly the first time	24.53%	117
No, I did not read the rationales	0.21%	1
TOTAL		477

Q4 Did you utilize outside resources during the assessment?

Answered: 480 Skipped: 1



ANSWER CHOICES	RESPONSES	
No	85.83%	412
Yes, for 1-10 questions	12.92%	62
Yes, for 11-50 questions	1.25%	6
Yes, for more than 50 questions	0.00%	0
TOTAL		480

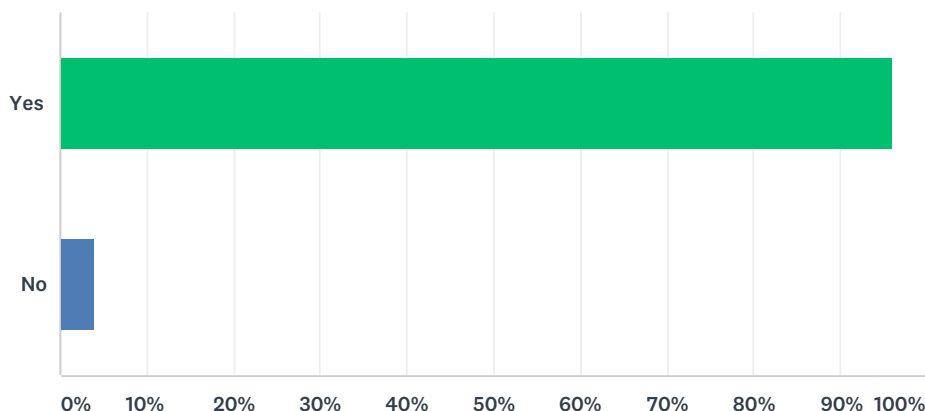
#	WHAT, IF ANY, RESOURCES DID YOU USE DURING THE EXAM?	DATE
1	textbooks, google searches, journals	5/5/2019 2:11 PM
2	Text books and web search. Conflict came between sources i.e. PRS journal data vs Anesthesia data on opioid pain management.	5/1/2019 11:11 AM
3	Journal	4/30/2019 1:24 PM
4	web/ncbi	4/29/2019 6:41 PM
5	PRS	4/29/2019 3:01 PM
6	plastic surgery text books and PRS journal	4/29/2019 1:16 PM
7	PRS	4/29/2019 12:57 PM
8	internet	4/29/2019 12:39 PM
9	google	4/29/2019 12:18 PM
10	online peer reviewed articles	4/29/2019 11:06 AM
11	None	4/29/2019 11:00 AM
12	I intend to read this week. I did utilize PRS, up to date for topics I noted to be deficient as I was taking the exam	4/29/2019 9:57 AM

13	Online search	4/27/2019 8:47 AM
14	Online search on google	4/26/2019 8:13 PM
15	the internet	4/26/2019 2:54 PM
16	Google topic search	4/25/2019 4:52 PM
17	textbooks	4/24/2019 9:10 PM
18	plastic surgery text	4/24/2019 2:00 PM
19	Textbooks	4/23/2019 4:34 PM
20	Google	4/23/2019 4:02 PM
21	Google	4/22/2019 8:02 PM
22	internet search	4/22/2019 1:10 PM
23	I read the responses generated after 1st answer. I had completed the In-Service exam through ASPS a few days before.	4/22/2019 12:25 PM
24	Hand surgery textbook, PubMed for articles, internet searches for medication details	4/22/2019 11:06 AM
25	internet	4/18/2019 2:08 PM
26	googled one syndrome name	4/18/2019 10:33 AM
27	Plastic and Reconstructive surgery journal, nelligan textbook	4/18/2019 9:15 AM
28	internet	4/17/2019 10:36 PM
29	None	4/17/2019 6:43 PM
30	none	4/17/2019 11:59 AM
31	internet	4/17/2019 11:53 AM
32	none	4/16/2019 6:16 PM
33	none. I wanted to see how I would do, which was probably not great.	4/16/2019 6:10 PM
34	none	4/16/2019 4:47 PM
35	Dr. Google	4/15/2019 4:17 PM
36	PSEN prep questions	4/15/2019 1:44 PM
37	pubmed/ google	4/15/2019 12:44 PM
38	google	4/14/2019 4:25 PM
39	I did look at an anatomy chart of the buttock on google, illustrating the gluteal veins (after answering the question)	4/11/2019 7:02 PM
40	Google	4/11/2019 3:48 PM
41	UpToDate	4/11/2019 12:45 AM
42	Google	4/10/2019 4:42 PM
43	old textbooks	4/9/2019 6:14 PM
44	Articles	4/9/2019 5:55 PM
45	pubmed	4/9/2019 4:04 PM
46	pub med	4/9/2019 9:29 AM
47	PubMed searches	4/8/2019 1:06 PM
48	Goggle	4/8/2019 11:13 AM
49	I only researched one question on the internet but did not find it useful so I stopped researching any questions after that one attempt.	4/7/2019 5:38 PM
50	none	4/5/2019 11:20 AM
51	Netter atlas of anatomy, Google	4/4/2019 4:38 PM

52	Google	4/4/2019 9:27 AM
53	none	4/3/2019 6:56 PM
54	Pub Med	4/3/2019 1:56 PM
55	My own notes	4/3/2019 1:26 PM
56	None utilized	4/3/2019 11:49 AM
57	textbooks	4/3/2019 10:53 AM
58	PRS Journal for one question that clearly identified a knowledge gap	4/3/2019 10:40 AM

Q5 Did this exam enhance your medical knowledge?

Answered: 478 Skipped: 3



ANSWER CHOICES	RESPONSES	
Yes	96.03%	459
No	3.97%	19
TOTAL		478

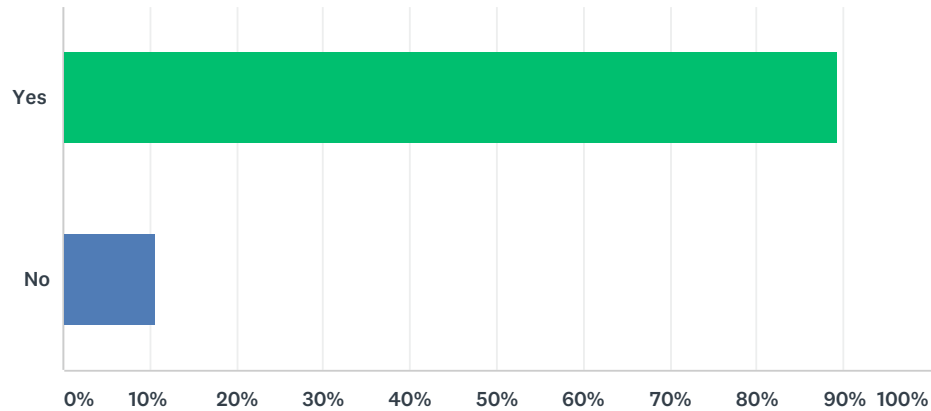
#	ANY ADDITIONAL COMMENTS:	DATE
1	Will improve my augmentation technique and reduction of surgical site infections.	5/1/2019 2:25 PM
2	Some things that I had minimal knowledge were improved.	5/1/2019 11:11 AM
3	There was a problem with the platform such that i only got a rationale on a few questions. Otherwise it just skipped to the next without even letting me know if I had answered correctly or not.	4/30/2019 1:24 PM
4	some new knowledge gaps identified	4/30/2019 12:10 PM
5	But some points were quite narrow	4/29/2019 12:57 PM
6	"Yes", but not in an impactful way for my practice or my patients or in my day to day clinical activities.	4/29/2019 12:39 PM
7	I love the immediate reinforcement, I think it is a brilliant way to affirm your knowledge or clarify inadequacy	4/29/2019 10:27 AM
8	Yes it helped with two current topics, ALCL and fat embolism after buttock fat grafting	4/29/2019 10:25 AM
9	I enjoyed reading the responses	4/25/2019 1:07 PM
10	There are areas included that are not in my usual reading material	4/24/2019 3:37 PM
11	It helped confirm my best practices initiatives. The questions were well constructed, fair, with well written stems and straightforward answer choices. Far better and more valuable than the InService Exam. The immediate feedback was also well written, unambiguous, evidence based with clearly written rationales. As an annual InService participant, I appreciate the practical, non minutia/esoterica, non "can you guess what I'm thinking" approach. A good lifelong learning tool. In fact, I'd be willing to answer more questions like these going forward. Very constructive and applicable to every day practice.	4/24/2019 2:17 PM
12	I was asked some questions that have nothing to do with my practice, so enhancing my medical knowledge that I will use would be a no.	4/24/2019 1:47 PM
13	Question and answers were relevant, succinct, timely.	4/22/2019 8:02 PM
14	I would be interested in taking the other exams just for knowledge	4/22/2019 1:10 PM

15	The immediate ability to read the rationale was a really, really good format.	4/22/2019 12:25 PM
16	not really.	4/22/2019 10:54 AM
17	The review articles that are available are excellent!	4/22/2019 10:15 AM
18	The questions were mostly for academics. The non-academic (community) practice of plastic surgery did not show up in many questions in the test. I do not believe the results of the test reflect my knowledge of plastic surgery or my ability to care for plastic surgery patients,	4/20/2019 12:44 PM
19	Craniofacial questions had incorrect answers in some cases and were vaguely worded in others. I do this for a living and teach at a University as well. I take issue with several of the questions	4/18/2019 10:33 AM
20	Yes, this is a much better way to do MOC	4/18/2019 9:15 AM
21	For the questions I got wrong...	4/17/2019 4:20 PM
22	Most of the questions were outside my area of expertise but I still should know/learn this stuff.	4/17/2019 11:59 AM
23	good review	4/16/2019 9:32 PM
24	It reviewed relative information	4/16/2019 8:27 PM
25	Questions were timely and good quality!	4/16/2019 6:16 PM
26	This is a much better learning tool than just going to a prometric testing facility every ten years to recertify. I didn't learn anything then.	4/16/2019 6:10 PM
27	This is a wonderful tool to self-assess and self-improve	4/16/2019 4:47 PM
28	Complete waste of time.	4/16/2019 4:44 PM
29	on items that I do not practice daily.	4/15/2019 2:12 PM
30	There were a few poorly designed questions but mostly ok	4/15/2019 1:52 PM
31	definitely!	4/15/2019 1:12 PM
32	for some things..yes.	4/15/2019 12:44 PM
33	I have a pediatric plastic surgery reconstructive practice so the test was an update for me about gluteal fat augmentation.	4/12/2019 4:04 PM
34	I learned never to do butt augmentation	4/12/2019 2:06 PM
35	The explanations were very helpful.	4/11/2019 7:02 PM
36	Relative, common practice questions	4/11/2019 4:21 PM
37	Reading responses helped clear up some issues	4/11/2019 8:02 AM
38	Excellent review	4/9/2019 5:55 PM
39	info on lymph node transfer	4/9/2019 11:16 AM
40	not only the rationals but also the additional reading	4/9/2019 9:29 AM
41	Really excellent in that regard!	4/8/2019 1:06 PM
42	I found the questions to be excellent compared to previous exams because this exam actually addressed some of the most contemporary issues facing cosmetic surgery. I learned some significant issues that I was unaware of. I would not taking several of these exams a year just to increase my knowledge base.	4/7/2019 5:38 PM
43	Reading the explanations after incorrect answers definitely helped me learn new things.	4/5/2019 2:04 PM
44	Actually was pretty good questions, unlike the inservice exam	4/5/2019 11:20 AM
45	Having picked the craniofacial track I promptly got a bunch of questions about cosmetic liposuction and fat grafting of the buttock and several nutritional massive weight loss questions. The questions are far too detailed to be of general clinical use. I read 10 articles about post gastric bypass nutrition and didn't see anything that talks about differential value of vitamin A vs E or selenium or copper. Someone believes this but it's not common knowledge.	4/4/2019 4:38 PM
46	minimally	4/3/2019 7:10 PM

47	About stuff I don't do like body fat grafting	4/3/2019 4:59 PM
48	Many of the questions were based upon relatively new data	4/3/2019 2:47 PM
49	I don't agree with some of the answers.	4/3/2019 1:56 PM
50	For a few questions	4/3/2019 1:33 PM
51	Asked appropriate questions for pertinent current information within plastic surgery.	4/3/2019 11:49 AM
52	Brought me up to date on implant lymphoma	4/3/2019 10:32 AM

Q6 Are you able to apply any of what you learned to your clinical practice?

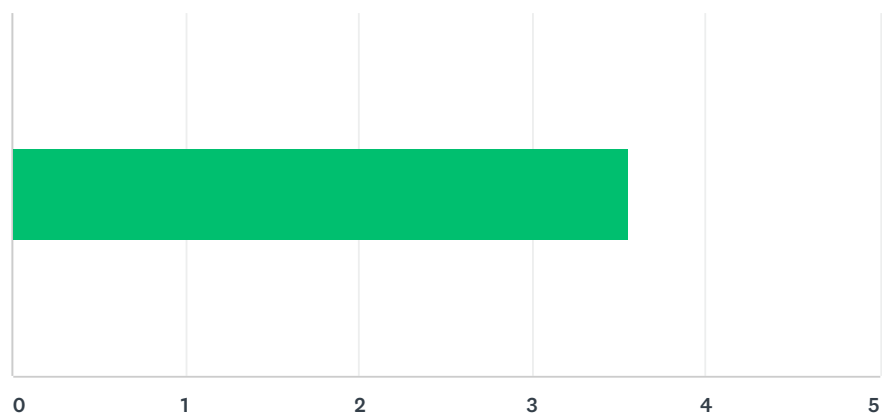
Answered: 473 Skipped: 8



ANSWER CHOICES	RESPONSES	
Yes	89.43%	423
No	10.57%	50
TOTAL		473

Q7 Grade the new testing format on a scale of 1 (most difficult) to 5 (easy)

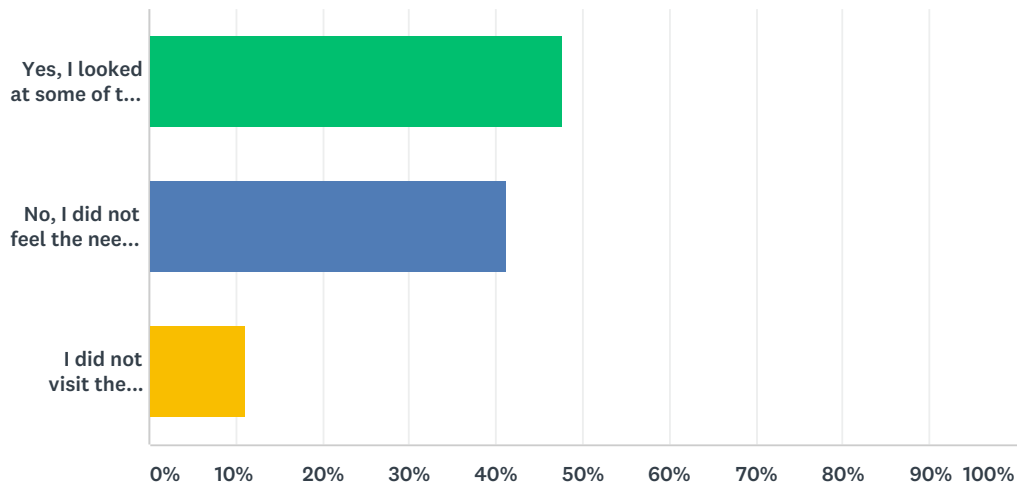
Answered: 486 Skipped: 0



ANSWER CHOICES	AVERAGE NUMBER	TOTAL NUMBER	RESPONSES
	4	1,726	486
Total Respondents: 486			

Q8 Did you take advantage of any of the additional educational resources on the Results Page?

Answered: 478 Skipped: 3



ANSWER CHOICES		RESPONSES	
Yes, I looked at some of the articles in journals		47.70%	228
No, I did not feel the need to explore further		41.21%	197
I did not visit the results page		11.09%	53
TOTAL			478

Self-Assessment Comments 2019

Category	Comment
Technical	I encountered 1 issue I lost connection twice and had to repeat the test as my previous answers were not saved.
Technical	I did the exam in a few sessions. One session did not collate and register so I reanswered those questions. There were no more errors after that.
Technical	On three occasions during the test which I was taking on a cellular phone the test skipped directly to the second answer opportunity and did not show me the rationales. Therefore I got those three questions wrong. This needs to be looked into.
Technical	On 2 questions answered incorrectly, I was not able to see the educational rational / explanation. Not being able to "learn" from it, I subsequently got those questions wrong
Technical	Don't try to improve until all results are in. I think this works perfectly. You may consider just using the original log-in password to the Board's website rather than creating an additional one for the self-assessment.
Technical	See previous comment. The platform did not seem to be working correctly. It was an optional test for me this year, but would have been frustrating if it were to count against me
Technical	i did not see any rationale after missing the question the first time. it simply went to the question again after missing it. is that how it was supposed to be?
Technical	I was confused about the fact the ABOS website showed "incomplete" even though I had completed the self-assessment. However, the email this morning was very helpful in clarifying the discrepancy. Thank you!!
Technical	The test itself was just fine. Getting the test to let me log on was a bit of a frustration. If there are any requirements for the password they were not stated. My first few attempts failed. When I changed my password to a longer password with numbers included it seemed to work just fine. A little heads-up regarding password requirements would have been helpful and saved me about 15 minutes of frustration.
Technical	Make the login/test resumption process more transparent
Technical	The rationales discussions were a bit confusing at times. Certainly the rationales on the practice test questions were confusing. Those could be tidied up a bit. The registration process was not smooth. While I have re-certified twice in my practice lifetime, I have never before had to register for the certification area that was required for this question session. There were not good links or good discussions guiding this process. I had to email the ABPS office three times to get the answers and links that I needed.
Suggestion	Historically I have found that some of the test questions on the boards are either dated or frankly incorrect. It would be nice to have a comment section on each question that allows for feedback from the doctor about the question(s).
Suggestion	could you add little diagrams for some anatomy questions? videos? I guess overall I found the test easy but maybe it is because it is my field of "expertise" I deal with every day?
Suggestion	It would be good to have a direct link to the testing site page in the email, as well as the instruction as to how best to select which test to take, and whether subsequent years will require the same choice or a different exam choice (other than hand). Otherwise, I thought that it was excellent and actually provided some learning value versus other formats.

Self-Assessment Comments 2019

Category	Comment
Suggestion	Would be nice to receive CME credits for this activity as well as for the self assessments
Suggestion	A couple of suggestions. At the end of the test, it would be nice to see my "raw score" (i.e. how many questions I got right prior to reading the rationales). Also, it was never made clear if we need to get 100 percent of the questions correctly on the second attempt, after reading the rationale. I got one question wrong on the second attempt, making my final score 29/30, and I'm not sure if that means I did not pass the test. Aside from that, the format was great, the opportunity for self-directed learning was much better compared to the "in-service exam" style of testing, and the questions in the section that I chose were very pertinent to my everyday practice, which is also very refreshing compared to taking the In-Service
Suggestion	1. Some difficulty in assessing exam website with questions to answer. 2. Consider higher magnification for images displayed. 3. Offer a self-examination with all topics included.
Suggestion	Consider scheduling the test window at a different time as the inservice exam.
Suggestion	Excellent test. Perhaps sending a monthly 10 question exam to all ASPS members that generates CME credit including patient safety would be valuable. The "no stress-non punitive" format was pro educational.
Suggestion	I really like this format. My only suggestion would be to use more pictures. I also would like there to be an option for breast as my module instead of cosmetic since I do all breast surgery, including recon, but do not do any facial aesthetic surgery, so a good portion of my exam was not applicable to me.
Suggestion	I think that the new testing format is a nice improvement over the prior model. My practice has a very narrow focus of Mohs micrographic surgery and reconstruction so very few of the questions are applicable to my practice. I suspect that many surgeons such as myself who have been practicing for over twenty years have also narrowed the scope of their practice, so my only recommendation would be to potentially offer more concentrated areas of testing in addition to the current modules.
Suggestion	this is a fantastic way to re-certify and actually enjoyable. I wish we had the entire year to complete rather than a month window
Suggestion	I didn't realize there was additional information on the results page...please make this a little more bolder piece of information
Suggestion	I specialize in pediatrics. It would be helpful for that to be a separate option.
Suggestion	I'd like to be able to cross out wrong answers like on the inservice exam. Overall it was very good.
Suggestion	This is an excellent way to maintain certification. I feel that this type of testing with question and answers could be done every 2 years during the cycle instead of a big test every 10 years. To make the experience even better you could offer AMA Category I CME credits for taking the test and reviewing the answers.
Suggestion	I like the format. The final page should be more clear if it's done or not.

Self-Assessment Comments 2019

Category	Comment
Suggestion	The assessment seems to have been designed to satisfy a minimal semblance of appearance of insisting that diplomates maintain a certain level of clinical knowledge. It's in such a contrast to the intense rigor of the written/oral certification process that I can't help but feel that this seems to cheapen the value of board certification. We all know that it's hard to maintain a broad knowledge of the specialty as we progress in our careers and narrow our clinical foci. It's also true that multiple choice tests are imperfect tests of knowledge. I don't have a better method to propose, this ground has been covered by many ideas. The process that I just completed though, answering 30 questions and getting to retry as often as needed to get the right answer seems like a pretty low bar to maintain what I hold as my most valuable professional achievement, board certification. At least it was cheap and quick. However, 'cheap' and 'quick' are not the adjectives I'd most prefer to associate with my specialty.
Suggestion	The additional resources is valuable . I would like to be able to take both the comprehensive unit and the hand surgery unit.
Suggestion	There is so little time, so I study the topics I use in my practice, but I don't keep up in other areas as I once did when I had to learn all of plastic surgery to pass my boards. The categories tested are still very broad. One can miss several questions and yet have excellent knowledge in one's actual practice, which is a subset of the broader category. Nonetheless, this is far, far better than previous exams. One wonders if testing could be accomplished through CMEs, which is more likely to accurately reflect one's specific practice.
Suggestion	Historically I have found that some of the test questions on the boards are either dated or frankly incorrect. It would be nice to have a comment section on each question that allows for feedback from the doctor about the question(s).
Resources	I tried to look at the articles on the results page, but it only linked me to the abstract and I couldn't get the full article without paying for it. I think the link should take me directly to the full article.
Resources	Unable to open citations without membership
Resources	I think at the end the article links should be listed for further reading and a related topic as well. For instance if topic question is on fat grafting provide useful info like a 'pearls on fat grafting' not just a paper
Resources	I was not aware of the additional educational resources on the results page ... perhaps we could make these more prominent.
Resources	Well done in general. Some of the reference articles required log in to various societies which I had access. It would be best if the articles appeared at the end and one could just open the PDF.
Resources	The new format was great, it was knowledge I can take with me and use. I would like to down load the references to review later outside the testing website(test security?) or make a them available after the testing period.
Resources	If you are going to have the additional educational articles, then the full text link should be included. Don't ask people to buy the article. It's not going to happen. One of the articles was in PRS (which I receive) and it asked me to buy the article. The pain in-the-ass factor to figure out how to use my online subscription made me chose not to read the article. Otherwise I would have read it. If you want to maximize reading and learning, then link the full text article.
Resources	of the articles I looked at only the abstract was available. I wanted full article. I also would have liked to do other tests for my education, not necessarily for credit.

Self-Assessment Comments 2019

Category	Comment
Resources	It is somewhat difficult to get to the articles referred to without paying for the courses on the ASPS network.
Resources	would like to access the additional educational resources - how do i access now
Resources	For Q8 ... for whatever reason, I don't recall seeing any additional educational resources. So its not so much that I dint feel the need to explore them, but more that I didn't see them or pay attention to them
Resources	Question 8, I will be looking at some of the reference articles but did not do that yet, so the answer above is inaccurate
Resources	I love the new testing format. One thought, could modules be put together like this by the board for CME area focused? I think it would Be a very efficient And readily available resource to increase font of knowledge while reaffirming true specialty specific information, and centralize it for the board to make collection and verification much easier. And readily available resources to increase font of knowledge while reaffirming true specialties specific information, and centralize it for the board to make collection and verification much easier. Just a thought.
Resources	I recommend that the articles (additional educational resources) be provided at the bottom of the rationale section for each question. That way, if you find a real knowledge gap, you can directly read 1-2 articles and improve yourself in a timely fashion. Having the articles listed at the end makes it LESS likely that anyone will read them.
Resources	The board should go over topics with updates. Sort of like the selected reading in plastic surgery
Resources	The additional resources should be listed on the web site. Just didn't have time at the end if the exam to look at then
Resources	It is somewhat difficult to get to the articles referred to without paying for the courses on the ASPS network.
Resources	would like to access the additional educational resources - how do i access now
Resources	I tried to look at the articles on the results page, but it only linked me to the abstract and I couldn't get the full article without paying for it. I think the link should take me directly to the full article.
Resources	I like the feedback with regards to the answers. I also appreciate the links to education resources. The links however require one to download articles which may not be easily accessible, and hence defeats the purpose.
Positive	This was very convenient and a much better way to learn from the exam! I thought the questions were fair and I appreciated the explanations after missing some of the answers, and appreciated the chance to answer again after getting some of them wrong! Great learning experience on top of keeping up with the certification.
Positive	I think the questions were targeted and appropriate. This is a more useful format.
Positive	This is definitely the way to test and follow MOC from now on. I love the new format and the yearly learning evaluation that is much better than the once every 10 year, 200 question test. I wish this new format would apply to me!

Self-Assessment Comments 2019

Category	Comment
Positive	Ok
Positive	I think this is a fantastic alternative to the traditional 200 question re-certification process!
Positive	Love the idea of learning through this process and the test felt very relevant to current topics.
Positive	Much better than the 10 year test
Positive	This is a significant step forward, and by breaking the exam down to 30 questions per year rather than 300 questions every 10 years, we are more likely to learn from those questions given each year. It is also much more convenient than traveling to a prometric testing center.
Positive	I was initially a bit skeptical about the new format - but there is no question that it is better. I learn far more this way.
Positive	Excellent format with questions relevant to my practice, excellent explanations, and a no-pressure situation that allowed me to learn at my own pace.
Positive	I liked that I could do the exam on my iPhone while I was watching over my 90 year old mother
Positive	Hugely better than the previous methods
Positive	I really think this a great format. I did not think 30 questions was onerous at all and frankly was surprised it was over. I had completed the resident In-service exam a few days before and would actually been ok doing a few more questions.
Positive	I really liked it. Convenient and clinically relevant.
Positive	I found the questions with attached photos most relevant and useful.
Positive	good learning experience
Positive	This is terrific and I am sure will be heavily utilized by diplomates.
Positive	Overall, I think this was great. I learned several new important facts that I did not know previously and found the explanations after each question to be very good.
Positive	Like it
Positive	I like the format
Positive	I would much prefer to take this test every year rather than spend a full day at a testing center every 10 years.
Positive	I like this format
Positive	This is an excellent idea and being a diplomat I appreciate the forward thinking of the group
Positive	This was great! A test and then a great review!
Positive	never did any ABPS recert testing before and this was easy
Positive	Worked great

Self-Assessment Comments 2019

Category	Comment
Positive	Much improved over going to the testing center and not getting any feedback until weeks later
Positive	I feel very positive toward this new format, finding it very educational and not so painful.
Positive	Would much prefer to do an annual test like this than the 10 year re-cert. Keeps you up to date on your sub-specialty of PRS on year by year basis.
Positive	The testing format was very user friendly.
Positive	Outstanding new format. I learned much more than in previous recertification examinations. The questions were far better than in the past, as they were very clinically relevant. Very little obscure information queried, which is the way it should be for recertification.
Positive	It was well focused on the category I selected, current and pertinent to my practice. Straightforward. I thought it was a good length and appropriate
Positive	I like the fact that you can learn and then go back and answer it correctly. Reinforcement
Positive	The questions were very interesting and many were quite educational. Some were even applicable to patients I have seen in practice recently and helpful to my practice. This was not the case with test center exam. I think the process is much better in terms of directly improving my patient care.
Positive	Good, applicable questions. MOC committee did a good job!
Positive	This is a great format. Not too nerdy. Practical and well balanced. This is much better than the obtuse ASPS inservice. Thank you. I believe that you are achieving your goal- Docs can polish rough spots
Positive	Great format but would make longer. I believe about 50questions and rationals would be better
Positive	Ease of use is critical, thank you
Positive	pretty good. i take the in-service exam every year and learn from the explanations after answering the questions.
Positive	Was a good learning experience
Positive	seemed very clinical and evidence based. liked it.
Positive	Will view results page later and look forward to it. Yearly testing would be acceptable
Positive	overall more reasonable for the busy surgeon, respects the concept of professionalism while maintaining board certification.
Positive	Awesome format for flexibility and self learning
Positive	much more user friendly than taking the q10 yr exam; this also came out at the same time as the ASSH self assessment; so, I had already reviewed similiar questions
Positive	An excellent new method of continuous knowledge enhancement. Far more effective at actually helping surgeons gain insight into their knowledge base compared to a single high-stakes examination.
Positive	It's fine.

Self-Assessment Comments 2019

Category	Comment
Positive	I think the format works very well, and the new format is a very good idea.
Positive	I think this is an excellent idea.
Positive	I really enjoyed the no stress approach. The rationales were great and I tended to read more of them even when I got it right because there weren't too many questions to get through.
Positive	I like this method much better. It allows for greater flexibility to complete the test in terms of time commitment. I like the fact that I was able to complete the test partly via computer, iPad, and iPhone. Love that we are keeping up with technology.
Positive	I thought it was great. I was relaxed and able to learn.
Positive	I like it
Positive	Really enjoyed the new format and emphasis on learning. Well done.
Positive	I like it! Keep up the good work!
Positive	This is a cool idea to do ongoing testing and is more engaging. Its very frustrating for someone who is compulsive and wants to provide the correct answers, but at the same time is confronted with questions outside my current (and for the last 25 years) practice experience but I understand and also enjoy learning plastic surgery information even though its way outside my current experience. I do mostly breast implant surgery and I found the augmentation questions a little narrow in terms of standard of care for that area. That might just be me, but I am not sure about that. Thank you for preparing the test and I heartily recommend that you continue with yearly questions. Its less of a big deal and so I spent more time reading the answers and therefore learned more!!!
Positive	The format is great - flows well and easy to navigate.
Positive	I thought it was fair. One of the answers which I did not get on the first try was confusing leading to the only one I got wrong on the test after a second try
Positive	More clinically relevant, more evidence based, more data driven
Positive	This is very convenient and a significant upgrade over the prior method.
Positive	Liked it.
Positive	This was much easier than anticipated
Positive	This exam format is much more clinically relevant than the 250 question multiple choice exam previously administered by the board.
Positive	I particularly like the learning aspect of the format, as it is not 'just' a testing mechanism now. Excellent!
Positive	I like it. Of course I take the residents' in-service exam every year for CME and this is very similar. I think it makes for a good learning process. This formats to my disposition says "this is what you should know".
Positive	THIS IS GREAT!!!! VERY TIMELY. Will have much more impact on my practice because it can adapt to current trends and teaching of these much more easily. AGAIN, THIS IS WONDERFUL. DOES EXACTLY WHAT MAINTENANCE OF CERTIFICATION SHOULD!!!!!!!!!!!!!!
Positive	I think this is a good idea to format timely new concepts and information into an approachable, minimally stressful format
Positive	I like the rationale after the question. It helps reinforce correct answers and guide on incorrect answers.

Self-Assessment Comments 2019

Category	Comment
Positive	It's nice
Positive	I like that the board is trying to be progressive in test administration and MOC.
Positive	Excellent. So much more useful than a long test every decade.
Positive	It is an outstanding way to teach and assess. This is far better than the past method.
Positive	Still going through the big test. Questions follow the MOC study guide pretty closely. Some questions were arguably wrong but as a whole the format was good
Positive	I was able to actually learn several new pearls since I could read the answers, particularly on ones I missed the first time.
Positive	Congrats Keith and ABPS staff! Great learning format! As a generalist who does not do breast surgery, I actually thought it was challenging. I did ok on the areas in which I practice, but less so in the areas I do not care for.
Positive	This was painless and useful. I took it right after I completed the InService exam, which made it easier. This is an excellent alternative to a life disrupting big exam every 10 years. Well done.
Positive	this is a much better learning tool than the previous exam. love it
Positive	It was easy and user friendly.
Positive	Absolutely love it. Very convenient. The flexibility allows you to maximize your learning experience.
Positive	I thought it was great. Just the right length and difficulty.
Positive	I loved the link at the end to the educational articles--I read several of these I missed a few but learned some new things--that is the point, right?.
Positive	Good format. Not overly burdensome but covered a lot of relevant topics, especially related to patient safety.
Positive	I liked the testing, as it felt more geared to education than torture. Having a comparison to peers was also helpful.
Positive	I think it is a great improvement. It is more of an educational experience rather than a test to regurgitate memorized facts. Thanks for being responsive to the educational needs of members and making this a less expensive and onerous process.
Positive	This is very instructional. Wish you had started earlier.
Positive	I feel this way of testing is more beneficial as one can incorporate the newly refreshed information immediately into clinical practice.
Positive	Very effective way of teaching/learning.
Positive	Way better than previous MOC work
Positive	Thought the range of questions was extremely relevant to the module and reflected contemporary, evidence based medical practice
Positive	i commend abps for making this portion of moc less stressful!
Positive	A better and more fair approach to ensure board status. Thanks you,

Self-Assessment Comments 2019

Category	Comment
Positive	Good format!
Positive	good broad overview of material
Positive	Great improvement
Positive	well rounded
Positive	Much more relevant and a reasonable way to maintain certification instead of continued high stakes tests.
Positive	I believe this new format will be a significant improvement in the MOC process.
Positive	Nice format, more educational than previously, questions also more clinically relevant
Positive	Finally! something of value to come out of MOC. I think providing access to the source articles was very useful.
Positive	This new format is excellent. It is by far the most practical maintenance of certification test format that I have seen.
Positive	This is a major improvement
Positive	Great format, very user friendly and at times very informative. Thanks for the new format.
Positive	Liked the format. Helpful to have feedback after every question. I read every question's feedback as well to make sure I learned from what they were asking.
Positive	Much better and more consistent with career long learning and retention than the 200 question every 10 year exam
Positive	This was re-affirming rather than punitive. Long term this has great potential for long term learning.
Positive	I've been doing mostly reconstructive plastic surgery and some cosmetic surgery for 23 years. I found the questions at my 10 year assessment to be esoteric and not really relevant for a practicing surgeon. These newer questions seemed "fairer" and more relevant. Thanks!
Positive	I'm pleased. Can introduce or reinforce topics in a timely fashion. Nice to have resources to help problem areas.
Positive	I thought it was a good start. I found some of the questions somewhat challenging initially but the explanations were sound. I am thankful for the opportunity to give a final answer after the explanations.
Positive	Worked very well. Appreciate the changes that were made.
Positive	Very easy. Did it on my phone at the airport
Positive	great modality
Positive	This would be much better than a test ever 10 years
Positive	I was a little unprepared about the format etc. Will do better next time for sure. Would not have a problem if more questions added.
Positive	Was pleased with experience and knowledge gained.

Self-Assessment Comments 2019

Category	Comment
Positive	This exam was excellent! I really felt that the Board's goal this time was to help further my cosmetic surgery knowledge base to become a better and safer surgeon. I have always felt that previous exams were geared towards finding out what you don't know and penalizing you for it. After taking this exam, I felt that the Board was genuinely trying to help me to be a more knowledgeable and safer surgeon which I really appreciate. I would not mind taking several of these exams a year because they are to my own benefit.
Positive	I do not like the question regarding the difficulty of the exam. It is irrelevant as to whether the format was easy or difficult. This is the appropriate format for board recertification and one for which I was pushing to implement for years.
Positive	Bravo!
Positive	Much preferred over 1 long day of testing. I was able to complete this short exam after office hours vs. taking a full day away from work.
Positive	The new version is a big improvement on prior required MOC activities.
Positive	Enjoyed the format
Positive	Excellent
Positive	This is better than the old format of one big test every decade.
Positive	This was a vast improvement over the older system of one exam every 10 years. The questions were timely and relevant and the explanations very good. Thank you
Positive	I liked it. Not too long. Convenient. Did it from home on my laptop. Relevant material to my practice.
Positive	I actually appreciate the effort that went into more of the educations, than just the testing. Thanks.
Positive	Perfect for a yearly CME catch-up.
Positive	I really like it. It is highly educational without being to onerous. Great job ABPS!!!
Positive	I love it! Kudos to the Board for coming up with a testing instrument that had fantastic educational value as well as being cost and time effective. Thx!
Positive	Much better than having to pay for a pre-test and go to a testing center. The testing centers are awful.
Positive	seems such a departure from the prior format. Went from studying and preparing to a simple easy quick exam. radical difference.
Positive	I would much rather take this exam annually then the massive re-certification exam every 10 years
Positive	I like it!
Positive	very easy to navigate-well done
Positive	It is a good way to learn to ask questions and I am going to say something crazy here but I would be happy to do more questions. I think 100 would be good but spread it over a couple of months so you can do it in 25 question blocks.
Positive	Overall good. It's nice to take a test and actually be given immediate information so you can learn something.
Positive	Thought it was fun and learned a few thibgs

Self-Assessment Comments 2019

Category	Comment
Positive	Love the concept!! Super great idea!
Positive	The system is a great improvement more convenient and helpful
Positive	I will, at another time, avail myself of the resources provided. I believe this approach nicely fulfills the goals of continuous certification.
Positive	Fantastic!
Positive	It actually very nice. Those of us who have taken the re certification exam in the past appreciate the board's attempt to make things a little easier for us.
Positive	This is so easy. One of my colleagues and I were talking, and both of us agree that it wouldn't be a hardship to do it a few times a year (especially if CME credits or patient safety credits were offered).
Positive	It's a big improvement over what we had before! Try to keep the questions as clinically relevant as possible.
Positive	I thought the questions were appropriate and relavant. Format was good.
Positive	Seems alot more useful.
Positive	This is a huge improvement. This format allows one to learn from the provided information at a leisurely pace and determine the areas you need to do the most subsequent reading in based on your own practice.
Positive	so much better - I'm one of those lucky people that has to do the 200 question test also this month - dreading that one
Positive	This is an excellent format. Appreciate the convenience of being able to maintain certification from home. I also like the yearly assessment for continuing education rather than an exam every ten years - seems more appropriate to have consistent periods of learning.
Positive	The exam was fair, and the testing format was easy and convenient.
Positive	Excited about this new format. Much more reasonable and consistent continuing education.
Positive	Great improvement on MOC!! Thank-you
Positive	This is certainly more reasonable in terms of cost and process for an active surgeon. Thanks
Positive	I thought this was a good review and some focus on new material and changes that have occurred in plastic surgery. It is kind of the ideal way to brush up on the new standards as they occur. It sparked some debate with my partners since we all did it at about the same time and we improved our learning. I really like this format.
Positive	I think the new format is outstanding!
Positive	A definite improvement in continuing medical education
Positive	Fun test. Loved the ALCL and BII questions. Way to be up to date!
Positive	I actually thought it was good. I cannot believe i am saying this but would recommend more questions. This should be used as a way to get new information out like the questions on ALCL, prophylactic abx etc.
Positive	This is a great method. If the real goal of recertification is to ensure that members keep up to date on knowledge, this is far superior.

Self-Assessment Comments 2019

Category	Comment
Positive	I really prefer this testing format to the every 10 year mega high stakes exam. General surgery just switched to this type of format as well and I found that exam to be highly educational and actually useful rather than the old "punitive" system. Anesthesia has been using a similar format for years now as well. I am very happy with this format and system. I'm sure the format will change slightly over time - is 30 questions enough? or would 40-50 be better (general surgery uses 40 questions). All in all very happy with this system.
Positive	Great way to push out critical knowledge consistently
Positive	love it
Positive	Easy to complete on free time when my schedule permitted
Positive	<p>I did it today my comments and thoughts</p> <ol style="list-style-type: none"> 1. Login was seamless 2. Questions were fair and the explanations of answers were concise and brief 3. The common knowledge questions were also fair 4. I liked the feedback on how all others did with this test – that is excellent 5. I think you should have color photos of the case examples to highlight each question for further clarity 6. Perhaps has up to 3 references on each answer - that may just be me as PRS editor!!!! 7. Give each PS who finished the exam some CME perhaps in the future <p>Overall , it was excellent and a vast improvement over what Jim Stuzin and I started over a decade ago for MOC !!</p> <p>give my best to all the ABPS staff</p>
Positive	I much prefer this to a 200 item test. I have never learned anything from standardized tests because once I'm done I can't remember which questions I wasn't sure about. In addition, many items that are included in the comprehensive section are not relevant to my current practice and with the new format I'm not penalized for not keeping up on that literature but can still pick up the highlights from the experts who wrote the rationales.
Positive	pleasantly surprised. Good choice of topics and well written. Great job!!
Positive	Love it
Positive	First time initial response is that it exceeded expectations - comfort of my own home enhanced educational benefit
Positive	Excellent format. Congratulations on creating a very useful assessment and lifelong learning tool. I'd welcome more than 30 questions per year!
Positive	love the direction ABPS is going! Thank you Keith Brandt and staff! This is a huge improvement and so convenient and also worthwhile. I have some quibbles with some of the answers, especially in the body and buttock area, but these are high level. Overall a great leap forward. thank you!
Positive	There is so little time, so I study the topics I use in my practice, but I don't keep up in other areas as I once did when I had to learn all of plastic surgery to pass my boards. The categories tested are still very broad. One can miss several questions and yet have excellent knowledge in one's actual practice, which is a subset of the broader category. Nonetheless, this is far, far better than previous exams. One wonders if testing could be accomplished through CMEs, which is more likely to accurately reflect one's specific practice.
Positive	Excellent new process. Informative and targeted questions addressed some of the critical evolving issues (BBL safety, BIALCL, etc)

Self-Assessment Comments 2019

Category	Comment
Positive	The new testing format is a big improvement. I found it interesting, helpful and efficient.
Positive	Much better than the old written exam. I appreciated the rationales.
Positive	Very accessible and reasonable
Positive	This is a step forward. It is an assessment of current clinical knowledge, fills in the blanks where needed and removes some of the absurdity of the old model.
Positive	User friendly and efficient replacement for recertification exam.
Positive	Very well done, Thank You
Positive	It was a good change, thank you
Positive	I thought this was a very useful way to not only assess our knowledge but also enhance our learning. Being a practitioner and mom, I also found it helpful to be able to complete in intervals from whichever setting we chose. In addition, I am glad I did not have to spend money on reviews and time on taking old tests. The material was much more relevant than the traditional long/extended test.
Positive	Much better. I just did my recert last year, and this is nice.
Positive	much preferred to utilizing numerous hours to test over material that is not relevant to my practice.
Positive	Thank you for providing this additional source of self assessment. I will certainly take advantage of reviewing the articles attached.
Positive	I look forward to additional modules including those that may address areas of weakness brought out in earlier tests. It is a far more thoughtful and I expect effective approach to maintain our clinical fund of knowledge especially beyond our narrow practices.
Positive	Very helpful to have the rationales for learning and improvement. Having the correct information reinforces the learning and is a great idea. I really like it. I also like the learning references at the end of the test as it is even more useful to have the primary source material to read to further enhance knowledge and optimize patient outcomes.
Positive	I approve of the new format. I enjoyed the opportunity to learn.
Positive	i think the new format will work well
Positive	I think it's very appropriate and a good substitute for the longer exam.
Positive	Great idea to do the test this way. Very helpful. Very applicable. Will help him practice. Especially keeping up-to-date with current concepts
Positive	I like it
Positive	So far so good...
Positive	It was simple and straightforward yet educational. Thank you.
Positive	I like the new format. Please continue.
Positive	Very easy to use
Positive	Good format. Instant feedback improves retention.

Self-Assessment Comments 2019

Category	Comment
Positive	Nice to get feedback immediately after a question
Positive	Love the convenience. Like the testing info. I learned from this experience. Good job team.
Positive	I prefer this testing format of 30 questions per year rather than the 250 questions every 10 years -I also like the ample time and the test taking window as it is convenient for diplomats who don't have mobility or flexibility in their schedules as it relates to their practice or personal lives. thankyou for providing this format and I hope this remains in some format rather than going back to the past one, with appreciation SST
Positive	This is a great improvement over the previous system. The format makes this a true learning activity. Please continue this new format.
Positive	Much better. Liked the format.
Positive	This is a MUCH more worthwhile exercise than just taking an exam
Positive	like the ability to start and stop at my convenience. good layout and easy to read, clean user interface. The discussion following each question was helpful
Positive	Great format.
Positive	Great format. The rationales were excellent - informative, to the point, actionable. Nice job with this.
Positive	The subject matter was appropriate for clinical practice.
Positive	I thought it was just the right amount of questions, and was a good educational exercise. Did not take me away from my practice for considerable periods of time like the old recertification format did.
Positive	Like this method much better
Positive	Question #3 needs more options. I read the explanation on most (85%) but not all questions. There were a few that were completely out of the realm of my practice that I didn't bother to read. I like the format. It would be nice to get CME credits for this activity.
Positive	I think this format may be a better educational tool the the recertification exam. Memorizing a bunch of study guide questions did not promote any outside reading - but this did.
Positive	Good content and terrific concise rationales
Positive	I liked it overall
Positive	Improved format
Positive	I much prefer the new testing format. It is relevant to my practice, provides useful information on important clinical topics with immediate feedback , and is not needlessly time consuming. Very well suited to today's busy plastic surgeons. Well done!
Positive	Somewhat helpful
Positive	I prefer this to taking one big test.
Positive	Very reasonable exam
Positive	Big improvement from previous format. Material was concise, relevant and easily accessible.
Positive	I did this after I took the longer exam, so a bit exam fatigued. Will probably utilize the results page when I do this on a monthly basis
Positive	I liked the format and the relevancy of the material. Especially the explanations and the references
Positive	very fair and reasonable method. i have taken 2 recertification exams already as i was in the first class to take them. it is much better this way. thank you

Self-Assessment Comments 2019

Category	Comment
Positive	Good change. I agree with the philosophy that the recertification exam should not be the burden that it has been in the past.
Positive	Excellent format.
Positive	Great format
Positive	I thought that this was an honest process, which took much less time than preparing for an exam every 10 years. I thought that the questions were better and less ambiguous than the regular recertification exam.
Positive	good learning tool
Positive	I liked that it was testing as well as learning. Even the answers that I knew, I learned more about the topic reading the rationale.
Positive	It was a good test and assisted me understand what I need to focus on
Positive	I thought that this was an extremely helpful way to examine us over time. If it is done on a frequent basis it is much easier to complete and the information will stick with us. I realized that although I am a cleft surgeon, the craniofacial section was not exactly geared toward my specialty but it was enjoyable to relearn nonetheless. And the general topics that were covered corresponded to the journal clubs of the last year at my institution.
Positive	Great way to keep practicing surgeons up to date and accountable.
Positive	Great way to help us keep current
Positive	I thought this was an excellent way to assess and to impart knowledge in specific areas on which the board would like to focus
Positive	I really like this format. If I could I would do questions like this every week
Positive	The testing system worked smoothly. I don't know why those expiring in the next few years still need to do the 200 question test. Makes no sense
Positive	great!
Positive	This is a fair way to recertification
Positive	Much improved.
Positive	Much better use of time learning instead of the recert exam!
Positive	pleasantly surprised. Good choice of topics and well written. Great job!!
Positive	First time initial response is that it exceeded expectations - comfort of my own home enhanced educational benefit
Positive	Love it
Positive	Excellent format. Congratulations on creating a very useful assessment and lifelong learning tool. I'd welcome more than 30 questions per year!
Positive	love the direction ABPS is going! Thank you Keith Brandt and staff! This is a huge improvement and so convenient and also worthwhile. I have some quibbles with some of the answers, especially in the body and buttock area, but these are high level. Overall a great leap forward. thank you!
Positive	Excellent new process. Informative and targeted questions addressed some of the critical evolving issues (BBL safety, BIALCL, etc)

Self-Assessment Comments 2019

Category	Comment
Positive	The new testing format is a big improvement. I found it interesting, helpful and efficient.
Positive	Much better than the old written exam. I appreciated the rationales.
Positive	Very accessible and reasonable
Positive	This was very convenient and a much better way to learn from the exam! I thought the questions were fair and I appreciated the explanations after missing some of the answers, and appreciated the chance to answer again after getting some of them wrong! Great learning experience on top of keeping up with the certification.
Positive	I think the questions were targeted and appropriate. This is a more useful format.
Positive	This is definitely the way to test and follow MOC from now on. I love the new format and the yearly learning evaluation that is much better than the once every 10 year, 200 question test. I wish this new format would apply to me!
Positive	Ok
Positive	I think this is a fantastic alternative to the traditional 200 question re-certification process!
Positive	Love the idea of learning through this process and the test felt very relevant to current topics.
Positive	Much better than the 10 year test
Positive	This is a significant step forward, and by breaking the exam down to 30 questions per year rather than 300 questions every 10 years, we are more likely to learn from those questions given each year. It is also much more convenient than traveling to a prometric testing center.
Positive	I was initially a bit skeptical about the new format - but there is no question that it is better. I learn far more this way.
Positive	Excellent format with questions relevant to my practice, excellent explanations, and a no-pressure situation that allowed me to learn at my own pace.
Positive	much improved process than the multiple choice exam - I actually learned as I went, cared and thought it was a great idea and much more practical for busy physicians
Positive	Easy to use and a nice improvement.
Items	<p>Disappointing that the 10 "general" questions included in the hand exam all had to do with gluteal fat grafting and/or BIA-ALCL. And one question on cryolipolysis or some such thing. None of which I will ever see/do in my practice.</p> <p>I also disagreed with the "correct" answers on some of the hand questions. For example, I don't think flexor tendon surgery with WALANT has been shown to improve the quality of tendon repairs in a high-evidence trial. There seemed to be a lot of opinion, rather than defensible evidence in some of the discussions.</p>
Items	Format of the test was easy to follow. The immediate feedback was helpful in understanding the thinking of those who submit and select the questions of the test. Question content did not reflect knowledge or the practice of community plastic surgeons. If I were to enter academic plastic surgery again, I believe the questions would have been more revelant.
Items	I thought the overall format was good. A couple of the questions could have been better. For example, in my opinion, the patient with the facial SCC and positive nodes should have had an FNA of the nodes before the treatment that was stated to be the right answer.
Items	Writing questions based on what a single publication reports is not ideal.

Self-Assessment Comments 2019

Category	Comment
Items	<p>1. a few of the questions were a little too obscure and as such not clinically relevant (q 6 = salicylism (rarely performed?) and q 12 = gingko (most just stop all supplements anyway))</p> <p>2. it might be better to have the relevant reference links at the bottom of the answer page so the surgeon can study whilst being examined for maximum efficiency/effectiveness (otherwise, allows for the option to postpone further study and then never do so!)</p> <p>3. the vte proph question (23) would be better off focusing on the relevant elements of risk rather than on the Caprini score specifically which is not particularly relevant for p.s. procedures (just as the description in the answer supports).</p> <p>4. for such an important point, a better quality image (and even a line drawing) for question 25 (HA injection cx) would be more effective</p> <p>5. a line drawing for question 18 (orbital depression) demonstrating the anatomy would have been immediately helpful and effective</p> <p>6. and most importantly: a few were incredibly relevant (q 8 = post-refractive surgery, q 9 = PAH, q 3 = Bypass pt) and have been printed and distributed to all my staff including myself!</p> <p>So overall, I'd give the exam a solid B+ for our first go-around. Well-done!</p>
Items	<p>Please note that the question regarding Caprini score is confusing and inaccurate. The points given in the "explanation" does not match up with the chart shown in the question prompt. Also some of the photos are blurry even when enlarged. Otherwise I really like this testing format.</p>
Items	<p>The extra articles required a separate login, which seemed unnecessarily complicated. Some of the questions were confusing. I remember the one with the ZMC fracture and "fullness" of her cheek. I took that to mean inadequate reduction of the arch with increased facial width, but the writer was thinking of anterior fullness from soft tissue swelling. Why are there no pictures? Surely that would be clearer? There were several questions like that, where I understood the question properly only after seeing the answers and I would have known the answer had there been a photo or different wording.</p>
Items	<p>The few questions I answered incorrectly had poorly written stems and/or critiques. I am happy to point out my concern with the continuing certification chair / committee</p>
Items	<p>Testing method was appropriate. It would have been nice to have a comprehensive section that touched a little on all subjects for those of us that do very broad practice. Comprehensive felt a little limited in its scope. Some basic general pediatric, facial trauma, or hand would be good for those who take truly general call. Otherwise excellent</p>
Items	<p>I thought this was a great step forward for the Board and hope that other boards emulate this. I did have a disagreement with one question re: opioid dosage after gynecomastia surgery. I felt the "correct" answer prescribed WAY too many narcotic tablets for an operation that is not terribly painful. Just a thought,</p>
Items	<p>Seems like the "core" questions were more heavily cosmetic in character. Perhaps a broader range of core topics.</p>
Items	<p>Fantastic. Picture quality was often poor at best. Grainy images on zoom. Did not necessarily interfere with getting the correct answer but also did not add value with poor quality.</p>
Items	<p>I think moving to this annual smaller exam format rather having one major exam every 10 years is great. I also appreciate the immediate feedback on questions and the thorough explanations given so that I can learn the reasoning behind every question. The only feedback for improvement would be to have more questions relevant to a practicing physician on there. I would say less than 1% of plastic surgeons actually do any nerve transfers, brachial plexus reconstruction, muscle rerouting for amputees, etc.</p>

Self-Assessment Comments 2019

Category	Comment
Items	One of the questions asked about implants. The answer was dependent on the knowledge that they were silicone implants but that was said explicitly in the text of the question. It was poorly written.
Items	Overall, very good and a great improvement. I don't think the general plastic surgery questions had any relevance to me as I don't do cosmetic surgery. As a hand surgeon, it would be more educational to have all hand questions. If there is a need to include general questions, make them something you could encounter on call - diagnosis of facial fracture,... rather than liposuction and breast augmentation.
Items	As my practice is 100% Hand Surgery, I took the hand component. The 33% questions on non-hand plastic surgery are of no value to me. Further, my continued medical education needs are satisfactorily met via meetings and hand in service exam. Though the 30 questions/year format is an improvement to the recertification exam taken every 10 years, I see no added value to the 30 questions themselves. Note that I missed the time unlimited certificate by 2 years and have now been serially subjected to recertification, maintenance of certification, and now continuous certification. Enough is enough, I feel that after certification and 2 recertifications, I should be exempt from further requirements.
Items	Overall very good testing format. I am not a big fan of questions that make one choose the "best" answer amongst several correct answers. They tend to be a bit misguided in the educational intentions.
Items	Photographs are of poor quality and of little assistance with answering questions
Items	Process is fine. Need better questions so users feel they are getting relevant experience. About 50% of the questions in Comprehensive were good; the other 50% were not and this detracts from my perception of the value of the exam.
Items	I completely disagree with a few answers. For example, I would definitely do an abdominoplasty on a patient after 120 pound weight loss despite non-ideal BMI. Circumferential skin excess will necessitate a vertical incision. I've done hundreds of these and satisfaction is as high as that with normal BMIs. Be glad to dialogue in this and other questions
Items	Great idea! I think it is hard to get 30 great questions that have a clear answer and will improve practice. Some of them seemed like they were testing for trivia, others I didn't necessarily agree on the answer - e.g the sternal wound question with a vertical rectus flap. But overall, really well done, with nice write-ups following the questions and a huge improvement over the old system. Thanks for all your efforts.
Items	Very thoughtfully done Surprised to see some general plastic surgery/aesthetic questions on the hand module
Items	I just completed my online "Hand Surgery Assessment" and was outraged at the number of NON-HAND questions there were – crap that hand surgeons NEVER do! Which hand surgeon Director(s) or hand surgeon ABPS Executive Director ever allowed non-hand stuff to creep into Hand recertification/continuous certification?! Why can we no longer just do the SOTH "recertification" (new Jim Chang model) and NOT do all this non-hand stuff? We ABPS hand surgeons successfully protected ourselves from this irrelevant crap for decades now, and ABOS finally followed suit, but we are now shooting ourselves in the foot! Whichever hand surgeon Director(s) or Executive Director allowed this to happen will do down in INFAMY!

Self-Assessment Comments 2019

Category	Comment
Items	<p>I recently took the 30 question test using the Hand module and was surprised at the number of Plastic Surgery questions, in particular cosmetic surgery ones.</p> <p>I was also surprised to see a question on Galeazzi Fx which is not usually treated by pls hand surgeons.</p> <p>If you are going to add pls questions to the hand surgery module, I would suggest you limit them to what one would see on call and general questions but please, no cosmetic ones.</p>
Items	Many of the topics covered are completely irrelevant to my practice. I do not do any hand or reconstructive limb surgery and several other topics raised in the questions.
Items	I like this method. I especially like the ability to ready the descriptions in real time. Finally, I like the links to the resources for future reference. I hope they remain available indefinitely. By the way, the answer to the question about textured implants in a woman 15 years after implantation who hasn't had follow up says get an MRI. The question doesn't say that they are gel implants, so MRI wouldn't be a correct answer if they are textured saline implants, which they could be by the text provided...
Items	Format is good, ok to have more questions to challenge commonly held but wrong beliefs or practices
Items	Somehow the board needs to let go of the old and get with the new. I am a board certified hand surgeon and do not do plastic surgery anymore. The hand module has questions about liposuction and buttocks fat transfer. How is that going to help my patients or me. Then the hand questions have multiple questions about brachial plexus issues, which most community based hand surgeons never do. How does that help me or my patients. So on the whole zero benefit to me or my patients, totally ineffective in improving my useful knowledge or my patient care.
Items	Overall good experience. The picture quality was poor when viewing the zoomed version. Higher res photo would be helpful as the issues described were generally hard to see in the picture.
Items	Several of the CMF questions had errors such as spelling or no agreement between radiology and clinical descriptions that was distracting. Perhaps having a panel of 5-10 experts review the questions could help reduce easily recognizable errors?
Items	Overall a positive experience but several questions were narrow in scope
Items	I think the rationale pages could be written a bit more clearly and briefly.
Items	The non-hand questions were HORRIBLE! Absolutely irrelevant to my practice.
Items	I much prefer this to a 200 item test. I have never learned anything from standardized tests because once I'm done I can't remember which questions I wasn't sure about. In addition, many items that are included in the comprehensive section are not relevant to my current practice and with the new format I'm not penalized for not keeping up on that literature but can still pick up the highlights from the experts who wrote the rationales.
Items	Many of the topics covered are completely irrelevant to my practice. I do not do any hand or reconstructive limb surgery and several other topics raised in the questions.

Self-Assessment Comments 2019

Category	Comment
Items	<p>I like this method. I especially like the ability to ready the descriptions in real time. Finally, I like the links to the resources for future reference. I hope they remain available indefinitely.</p> <p>By the way, the answer to the question about textured implants in a woman 15 years after implantation who hasn't had follow up says get an MRI. The question doesn't say that they are gel implants, so MRI wouldn't be a correct answer if they are textured saline implants, which they could be by the text provided...</p>
Items	<p>Disappointing that the 10 "general" questions included in the hand exam all had to do with gluteal fat grafting and/or BIA-ALCL. And one question on cryolipolysis or some such thing. None of which I will ever see/do in my practice.</p> <p>I also disagreed with the "correct" answers on some of the hand questions. For example, I don't think flexor tendon surgery with WALANT has been shown to improve the quality of tendon repairs in a high-evidence trial. There seemed to be a lot of opinion, rather than defensible evidence in some of the discussions.</p>
Items	<p>could you add little diagrams for some anatomy questions? videos?</p> <p>I guess overall I found the test easy but maybe it is because it is my field of "expertise" I deal with every day ?</p>
Anti-MOC	<p>Better than the 200 question as it is less of a burden, but this exercise remains a total waste of time. You are deluded if you think it makes anyone's practice safer or better. Five years until I can retire and free my life of this regulatory fanaticism.</p>
Anti-MOC	<p>The ABPS and the MOC sham is a waste of time and money. I'm a proud ABPS member and believe in physician certification. However, the prior MOC system was a COMPLETE waste of time, money, and resources. This new system is far easier, but still a COMPLETE WASTE OF TIME. We are taught evidence based medicine....I suspect there is no evidence that this MOC bureaucracy does anything to improve care. It should be terminated completely. I would love to hear back from you.</p>
Anti-MOC	<p>Two of the questions had rationales that I thought were ambiguous...still got the question wrong. Overall, it did force me to learn things I really don't keep up with..which I can appreciate. However, I do feel this part of MOC is ridiculous and should be abandoned,..as other Boards are considering as well.</p> <p>Furthermore, I do not see why I should be subjected to a 200 questions exam in the next two years when this is the new format that we will be accepting for everyone.</p> <p>Why should my time be wasted for a 200 question exam just due to the time frame of my certification..</p> <p>At my age, and late stage of my career, another exam is insulting and a waste of my valuable time..which is better spent on my family and the things I enjoy..not taking a 200 question exam for what purpose????</p> <p>If this is the new format..fine..then let us just proceed with that...I truly think it should just rest on CME's like before...and eventually all the Boards will abandon the exams I hope..we were tested enough in our younger years..</p> <p>Please contact me for further negative thoughts about this whole MOC process...</p> <p>Waste of money as well.</p>

Category	Comment
Anti-MOC	the testing format is fine but I have been somewhat frustrated in the 20+ years since I first certified. I went through the every 10 year exam (missed the one time lifetime certification by 2 years) to the addition of MOC and so on. It has always felt that this whole process has been a moving target and that as soon as I accomplished one step a new system was created and a new set of criteria was established. CME is great and MOC is valuable but the constantly changing rules have been very frustrating
Anti-MOC	Well, now it's official. Recertification is now OFFICIALLY of no use whatsoever. I described the new testing process to my high school-aged children and they all responded the same way: "then what good is it"?! I said: "it's good for the salaries of the administrators of the American Board of Plastic Surgery"!
Anti-MOC	the testing format is fine but I have been somewhat frustrated in the 20+ years since I first certified. I went through the every 10 year exam (missed the one time lifetime certification by 2 years) to the addition of MOC and so on. It has always felt that this whole process has been a moving target and that as soon as I accomplished one step a new system was created and a new set of criteria was established. CME is great and MOC is valuable but the constantly changing rules have been very frustrating